




**ADVENT HEALTH AND ORMC
CLINICAL VOLUNTEERING
INTEREST MEETING**


WHAT IS GOOD CLINICAL EXPERIENCE?

- Direct interaction with patients in a healthcare setting
- Working alongside healthcare professionals during patient care
- Observing and assisting with medical exams, diagnostics, procedures
- Exposure to real healthcare workplace environments
- Interactions within different healthcare roles and specialties
- Engagement with patients under supervision of healthcare providers
- Experience in hospitals, clinics, private practices, etc.
- Can be voluntary or paid experiences
- Direct window into medical care through first-hand observation


BENEFITS OF CLINICAL EXPERIENCE

- Develop and polish bedside manner and communication skills
 - Observe day-to-day responsibilities and workflow of physicians and other healthcare professionals
 - Gain insight into healthcare team dynamics
 - Strengthen med school application by demonstrating hands-on interest
 - Network with healthcare professionals for letters of recommendation
 - Explore different specialties and healthcare careers to confirm career path
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COMMON PREMED CLINICAL EXPERIENCES

- Clinical volunteering in hospitals and clinics
 - Medical scribe
 - Medical Assistant (MA)
 - Emergency Medical Technician
 - CNA/Phlebotomy certification and experience
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WHAT ARE NOT CLINICAL EXPERIENCES

- Laboratory research without patient interaction
 - Hospital administrative volunteer work
 - Simply visiting a hospital or clinic
 - Pre-med club activities/fundraisers
 - Attending health fairs or blood drives
 - Nursing home volunteering
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HOW MUCH CLINICAL EXPERIENCE IS ENOUGH?

- At least 100-200 hours is recommended
- Quality over quantity - reflect meaningfully on your interactions
- Show longitudinal commitment over months/years

Amount:

- **Minimum:** 25 hours each year (approx.) for a total of **75 hours** in the last 3 years
- **Average:** 75 hours each year (approx.) for a total of **225 hours** in the last 3 years
- **Above Average:** 150 or more hours each year (approx.) for a total of **450+ hours** in the last 3 years

Self-Assessment Rating (Input in last row of table below):

0 = Below Minimum (Under 75 hours total)


1 = **Minimum** (75 hours total)

2 = Between Minimum & Average (76-224 hours)

3 = **Average** (225 hours total)

4 = Between Average & Above Average (226-449 hours)

5 = **Above Average** (450 or more hours total)

A photograph of a modern, multi-story hospital building at dusk. The building is illuminated from within, and the sky is a mix of orange and blue. The words "ORLANDO HEALTH" are visible on the top of the building. A white banner with red text is overlaid on the bottom left.

ORLANDO HEALTH



ORLANDO REGIONAL MEDICAL CENTER



A B O U T O R M C

- 808-bed hospital in downtown Orlando and the flagship medical center of Orlando Health
- Technologically advanced and innovative hospital, always striving to give quality care through programs such as the volunteer services department and pet therapy
- **BEST CLINICAL VOLUNTEERING DEPARTMENT IN ALL OF ORLANDO**
- 1 of Florida's 6 major teaching hospitals with 7 different accredited residency programs and 10 fellowship programs
- Home to the area's only emergency air transport service
- Home to Central Florida's **ONLY** level 1 trauma center (and is award-winning)



CLINICAL VOLUNTEERING BASIC REQUIREMENTS

- Drug/Alcohol Test
- TB test (will be a blood draw)
- Background check
- Interview with Volunteer Coordinator
- Mandatory Orientation Session (You get volunteer hours for attending)
- 18 years old and graduated from high school for Adult Program

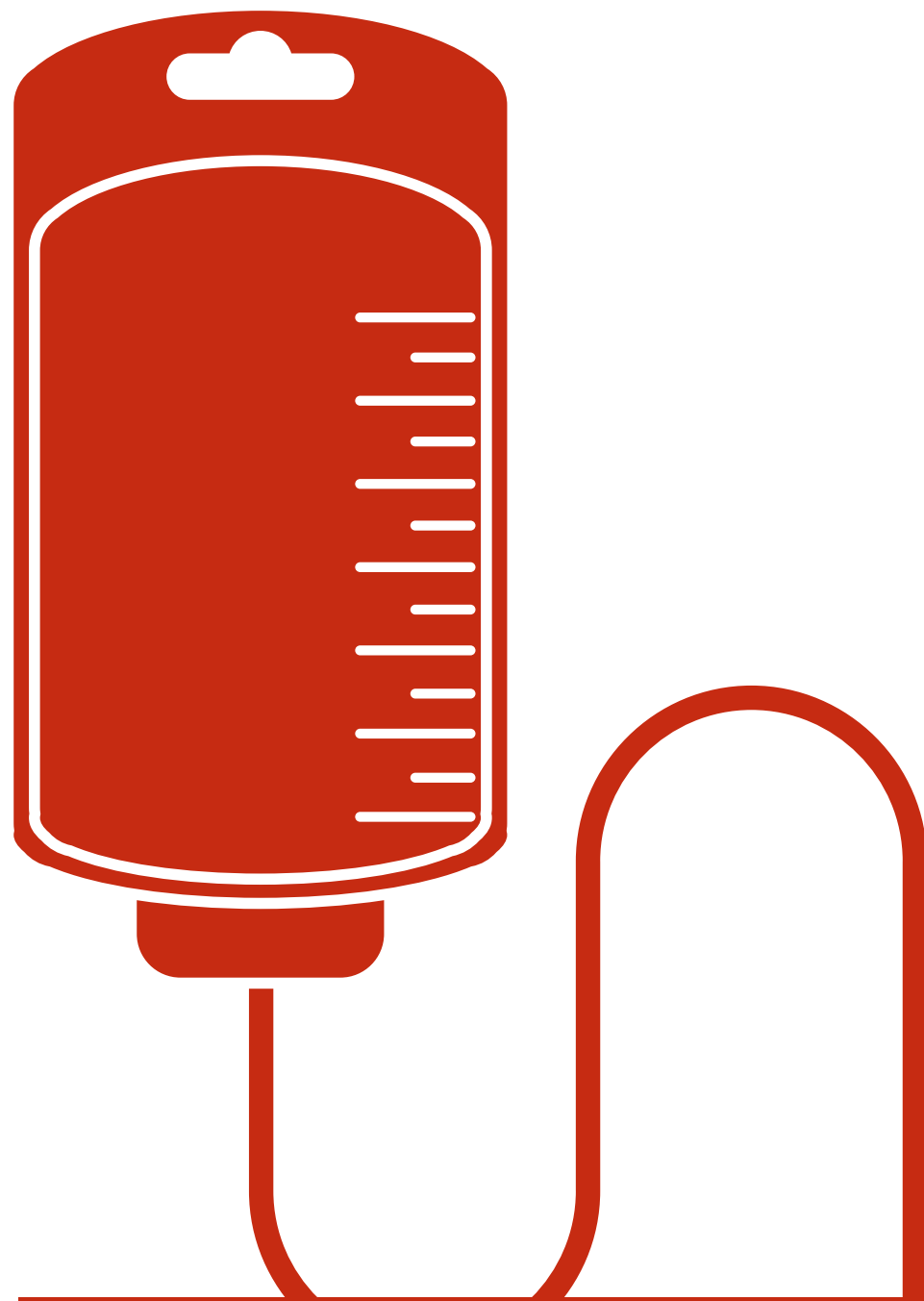




COMMITMENT

- ONE 4 hour shift a week
- Commitment of 6 months volunteering or 100 hours, whichever comes first
- Communication is key! You can definitely miss shifts if you have holidays, trips, or whatever personal needs, just be sure to communicate with them!
- Although they are very flexible with your schedule and time, try not to miss shifts for no solid reason. Departments count on you to be there!

VOLUNTEER OPPORTUNITIES



- Nursing units in Cardiac Intervention, Orthopedics, General Surgery, Intermediate Critical Care, Neuro/Trauma ICU, and more!
- Guest Services liason (direct patient interaction) in surgical floor, trauma waiting room, lobby, and emergency department
- Patient Access (patient registration and assistance to departments)
- Inpatient/Outpatient Rehabilitation and physical therapy
- PX Aid and Assist Runner (Helping volunteer services by delivering patient requests ALL over the hospital to many different departments and units)

VOLUNTEER PERKS

RESERVED VOLUNTEER PARKING!

Reserved parking on the second floor, right next to the closest entrance to the volunteer services office (some doctors don't even get this nice of parking)

\$7 PER SHIFT FOR FOOD

Every shift that you do, you get \$7 on your badge to use for food at any of the dining locations in the hospital (Large cafeteria, starbucks, subway, etc.)

INVITATIONS TO VOLUNTEER APPRECIATION EVENTS

Awesome and fun events put on by the volunteer services department to appreciate all the volunteer's hard work

OPPORTUNITY TO NETWORK WITH HEALTHCARE STAFF AND PHYSICIANS (SHADOWING!)

Volunteering with ORMC, after 100 hours, you are able to shadow a physician you find with no cost for the mandatory background check (since volunteering already does a background check)

VOLUNTEER PERKS

VALUABLE EXPERIENCES

The most important 'perk' you will get at ORMC is the valuable and humbling experiences that you will have serving patients, and understanding what it truly means to become a physician that will serve their community. These are the experiences that medical schools want you to gain while volunteering clinically.

**APPLY TO BECOME AN ORMC
VOLUNTEER WITH THE QR
CODE!**



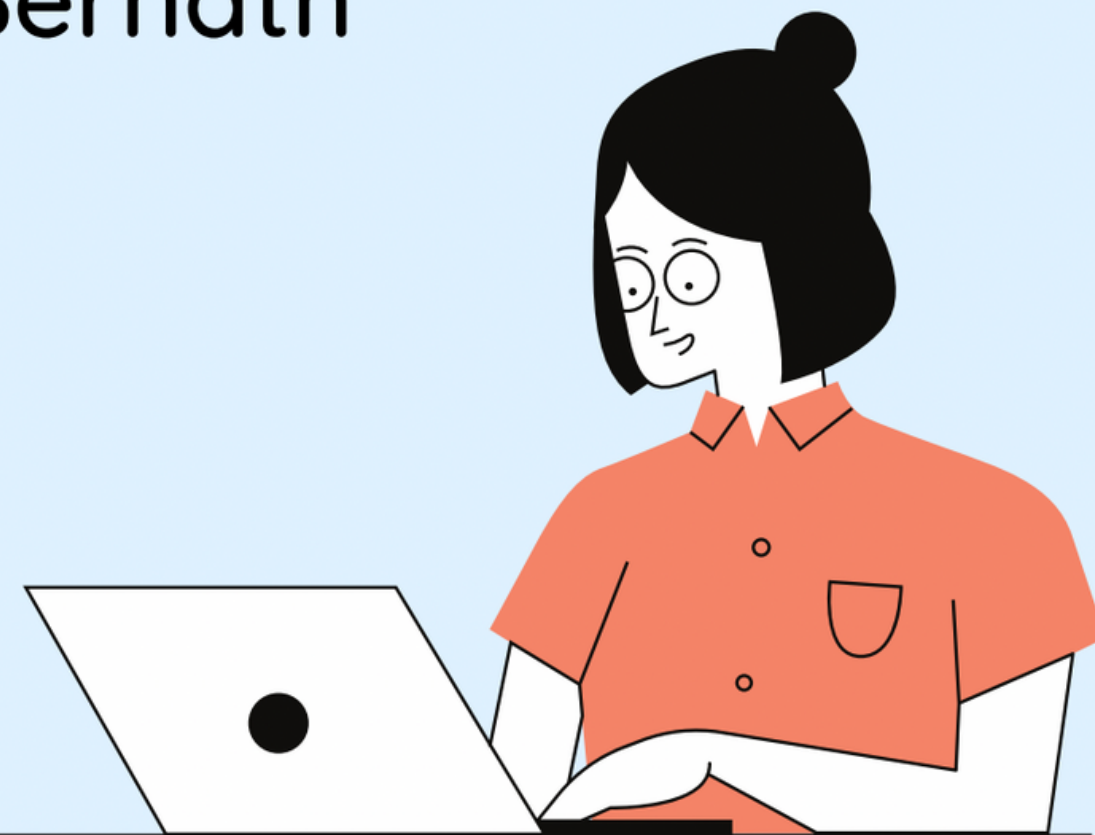
**YOU CAN PUT
US DOWN AS
REFERENCES!**

SIGN IN:



Volunteer Application Process

1. Complete the online New Volunteer Orientation
2. Complete the online application form
 - a. Certificate of Completion for New Volunteer Orientation
 - b. Two letters of recommendation not more than 45 days old - personal or professional
3. Interview with Volunteer Coordinator Summer Bernath
 - a. Original social security card
 - b. Identification
 - c. Vaccination records



1. Online New Volunteer Orientation

1. Go to <https://www.adventhealth.com/community-benefit/central-florida/volunteer>
2. Scroll down to the "Volunteer Orientation" section
3. Click on "On-Line Volunteer Orientation - Central Florida"
4. Click "Buy"
5. Click "submit your volunteer registration" and create your login information
6. Complete the online orientation!
7. Save a copy of your "Certificate of Completion"



2. Online Application Form

1. Upload "Certificate of Completion for New Volunteer Orientation"
2. Upload TWO letters of recommendation
 - a. Professional or personal
 - b. Try to get them ASAP - but you do NOT need to submit them until you officially begin volunteering

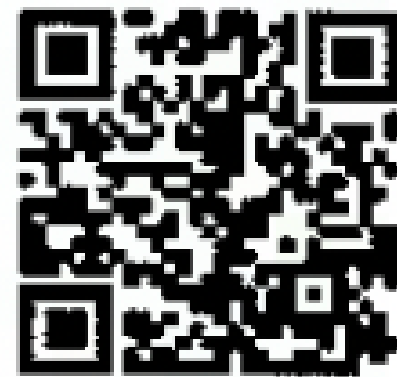


At AdventHealth our volunteers give of their time and talents to help care for our patients and our community.

Volunteering with AdventHealth can:

- **Fullfill hours for the Bright Futures Scholarship.**
- **Place you in a healthcare setting.**
- **Connect you with new friends.**

To become an AdventHealth volunteer please scan this QR Code or call 407-303-1813.



Scan this QR code for more info!