

# Today, Look Out Fort



#### **AMSA GBM Today!**

Come join us at our GBM today,
October 3rd at 5:30 PM in the
Student Union Key West
Ballroom Section A/B.

## Dr. Laura Chilcutt MD/JD

Make sure to join us today to hear from our guest speaker, Dr. Chilcutt!

MD- University of Central Florida Residency- General Pediatrics: Nemours Children's Hospital JD- Florida State University





#### **CEELAB: Restoring our Shorelines**

Volunteers will be helping with various duties CEELAB performs, from building oyster restoration mats to assisting with mangrove planting. It is a great way to help preserve Florida's unique natural beauty while getting volunteer hours and AMSA points!

Time: Wednesday, Oct 4th, 2-4pm (4+1 points for AMSA Merch) Location: Behind Biology Field Building (Building #92 on UCF map) (NOT regular Biology building)





#### **Volunteering / Advocacy** 101

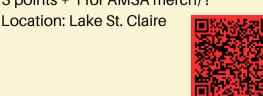
Volunteering and advocacy directors are hosting a 101 session introducing what volunteering/advocacy is, how to get involved, and what to look out for.

Time: Friday, October 6th at 6 PM (Earn 2 points + 1 for AMSA merch)

Location: TBD

#### **Welcome Back AMSA Potluck Picnic**

Join the #fAMSA at Lake Claire for a picnic! Bring food and AMSA will have utensils! Time: Friday, October 6th at 7 PM (Earn 3 points + 1 for AMSA merch)!









### Salvation Army: Feeding the Homeless

Come make sandwiches for and distribute donations to the homeless in Orlando.

Time: Saturday, October 7th at 8 AM-12PM and October 14th from 8AM - 12PM (Earn 4 points + 1 for AMSA merch!)

Location: Where: 440 W Colonial Dr. Orlando, FL, 32804

#### **IM Flag Football Game**

IM Flag Football Game
Join the #fAMSA in an IM Football Game!
Time: Wednesday, October 11th at 6 PM
(Earn 3 points + 1 for merch!)
Location: RWC Fields





#### Save a Life: Stop the Bleed Workshop

Come out to our Save a Life: Stop the Bleed Workshop hosted by Career Development! During this event, you will learn about how to identify and provide treatment in real-life emergency situations!

Time: Wednesday, October 11th at 5 PM (Earn 2 points + 1 for AMSA merch!)

Location: TBD



#### Global Health with Guest Speaker Tony Cowan

Join our guest speaker, Tony Cowan, discussing global COVID-19 challenges. Gain insights into international cooperation, air quality standards, and disaster response, all of which can be valuable for our upcoming service trip.

Time: Thursday, October 12th at 4 PM (Earn 2 points + 1 for merch!) Location: TBD





#### **Relay for Life**

Join the #fAMSA for an informational meeting for Relay for Life!

Time: Thursday, October 12th at 6 PM (Earn 2 points + 1 for merch!)
Location: HEC 104

## Pet Alliance of Greater Orlando Volunteering Interest Meeting

Love animals? Come learn about how to get involved in some volunteering activities at the Pet Alliance of Greater Orlando!

Time: Friday, October 13th at 4 PM

Time: Friday, October 13th at 4 PM (Earn 2 points + 1 for merch!)

Location: TBD



## Events Save a Life: Stroke



## Save a Life: Stroke Workshop

Come out to our Save a Life: Stroke Workshop!
During this event, you will learn about the basic
Anatomy & Physiology behind Strokes and how to
identify and provide treatment in a real-life
situation!

Time: Monday, October 16th at 3:30 PM
(Earn 2 points + 1 for merch!)
Location: TBD

#### Coffee with the COM

Come out to our annual Coffee with the COM event and have the opportunity to meet and socialize with medical students from UCF's College of Medicine! We will be doing a mentormentee meetup, a tour of the COM, and a Q&A session with a panel of medical students. Join us for this exclusive and enriching event!

Tuesday, October 24, 2023

Time: TBD

(Earn 2 points + 1 for merch!)

Location: UCF COM









Mentee Link



## University of Florida College of Medicine Virtual Tour

Come join us on a virtual tour of the University of Florida College of Medicine! This tour will be hosted by the UF COM admissions team.

Time: Thursday, October 19th at 5:30 PM

(Earn 2 points + 1 for merch!)

Location: Virtual





Sign Up Link



#### **Second Harvest Food Bank**

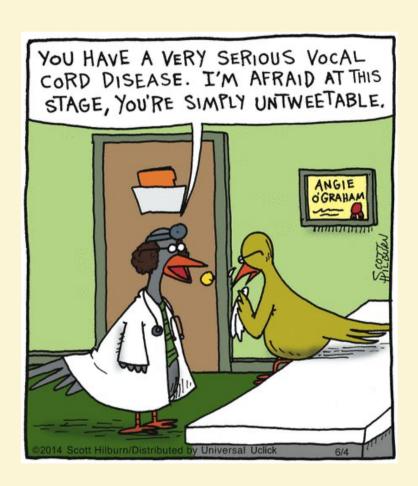
Come join the #fAMSA at the Second Harvest Food Bank.

Time: Saturday, October 7th, 1-4PM (Earn 5 points + 1 for merch!) Location: 411 Mercy Dr. Orlando, FL 32805



Sign Up Link

## Medical Memes





Submit a meme, scientific current event, or tip of the day to be featured in the next newsletter, and if chosen, for an extra point!

