

## Hurricane Tan



Classes are canceled Wednesday, Sept. 28, through Friday, Sept. 30.



#### **UCF Student Procedures**

- Move personal items away from windows and off the floor
- Cover electronic equipment, books and important papers with plastic to prevent water damage
- Shut off all computers and save any important items
- Lock all doors when occupants are not in the room or apartment. Also, windows must be closed tightly, and any window blinds should be closed

Any resident who owns a car should take measures to protect it. We recommend parking your vehicle in a parking garage to allow for adequate protection. Fill up your gas tank prior to the storm, as gas supplies post-storm may become scarce

# Today Look Out For

#### Events crossed out are canceled due to Hurricane



#### **Knight Thon + AMSA**

#### Dr. Laura C //JD

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## Events

#### Pards 4 Care

Come out... Post popular volunteering events 5/2.

PM! Here, you can gain in hours while the continose continose. The location is NSC 147 and no sign up is required, we would love to see you all!







#### **Advent Health**

From 5-6 PM 9/30, we will be having an interest meeting about volunteering about volunteering as with a will where we can work and young children!

Premea-7... a will receive an exclusive application and volunteer process!

### Painting with a Purpose

From 6-8PM on 9/28, we will be hosting a painting social at the reflection pond! This will be such a relaxing and fun way to add some creativity to your busy schedule! It will be \$5 to join us as we are fundraising for Knight-thon!



**IM Football** 

Make sure to come out for our next intramural flag football game 9/29 from 9-11PM at RWC Field #1! Join the Champs!

### **Service Trip Information!**

10/4 from 7:30-8:30 PM, we will be having our second service trip interest meeting in HS1 272 with updated details! To learn more about Peru's history, customs, and more, there will be a "This is Peru" cultural workshop 10/11. Make sure to come out and learn more about this exciting opportunity!



#### **Salvation Army**

Come volunteer with us at the Salvation Army to make and deliver sandwiches and clothing to underprivileged communities! Head to our website to sign up for 10/1 8AM-12PM and for 10/8 8AM-12PM

### How to get a volunteering event?

From 7:30 to 9 PM 10/5 at PSY 108, we will be hosting a mentorship event that discusses how to get meaningful volunteering experiences as a premedical student!

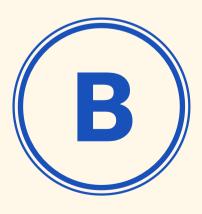


### Medical Meme Multiple Choice

**Question: Which Doctor are you?** 











At our last GBM on 9/13, we got to update the fAMSA on upcoming events and opportunities AND give out prizes to our giveaway winners (which will also be happening at today's GBM)! We also got the chance to hear from the founder of Lake Nona Ophthalmology, Dr. Chirag Patel!





### MCAT QOTO

Glycogen is most commonly found in which of the following cell types?

A. Brain cells and red blood cells

B. Bone marrow cells and brain cells

C. Muscle cells and liver cells

D. Red blood cells and white blood cells

Next GBM, check back to see if your answer was correct! This will also count for points starting next GBM!