

# SERVICE TRIP INTEREST MEETING

UCF Pre-Med AMSA



# OVERVIEW



Travel Itinerary



Trip Locations



Dates and  
Deadlines

# TRIP OUTLINE

- 8 day trip: Saturday Arrival and Sunday departure
- Reality Tour
- Three Mobile Clinic Days
- Project Day
- Optional: Tour Day
  - Machu Picchu, Jungle Excursion, Highlands of Ecuador, Lima - City of Contrasts





## HIGHLIGHTS OF THE TRIP

1. **Engage:** Shadow local medical professionals and work alongside community members on a development project.
2. **Educate:** Connect experiences from the field to academic themes through educational discussions.
3. **Build your CV:** Gain 40 service hours!
4. **Advocate:** Become a global citizen and learn how to advocate for social issues, both locally and abroad.
5. **Travel:** Explore more of the adventure, culture, and wildlife of our destinations by adding travel extensions to a Service Learning Trip.





DAY 0

DAY 1

DAY 2

DAY 3

DAY 4

DAY 5

DAY 6

DAY 7

DAY 8

Transfer in	Walking Tour / Orientation	Reality Tour	Clinic Day 1 / Project	Clinic Day 2 / Project	Clinic Day 3 / Project	Clinic Day 4 / Project	GLE (Optional)	Transfer Out
<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>	<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>
		6:30 AM Breakfast	6:30 AM Breakfast	6:30 AM Breakfast	6:30 AM Breakfast	6:30 AM Breakfast		
		7:00 AM Breakfast	7:30 AM Bus to MC	7:30 AM Bus to MC	7:30 AM Bus to MC	7:30 AM Bus to MC		
		8:00 AM Bus to communities	8:00 AM Bus to Project	8:00 AM Bus to Project	8:00 AM Bus to Project	8:00 AM Bus to Project		
	9:00 AM Welcome Meeting	9:00 AM Reality Tour	8:30 AM - 2:30 PM Clinic Day 1	8:30 AM - 2:30 PM Clinic Day 2	8:30 AM - 2:30 PM Clinic Day 3	8:30 AM: Clinic Day 4 9:00 AM - 1:30 PM Project		
	10:00 AM Orientation Walk		9:00 AM - 1:30 PM Project	9:00 AM - 1:30 PM Project	9:00 AM - 1:30 PM Project	Project Inauguration		
			Bus to Hotel	Bus to Hotel	Bus to Hotel	Bus to Hotel	3:00 AM - 9:00 PM OPTIONAL ICA TOUR	
					5:00 PM PCA			
		6:00 PM Dinner at Selina	6:00 PM Dinner at Selina	6:00 PM Dinner at Selina	6:00 PM Dinner at Selina	6:00 PM Dinner at Selina		
<b>TRANSFER IN</b> (6:00 PM - 1:00 AM)								<b>TRANSFER OUT</b> (6:00 PM - 2:00 AM)



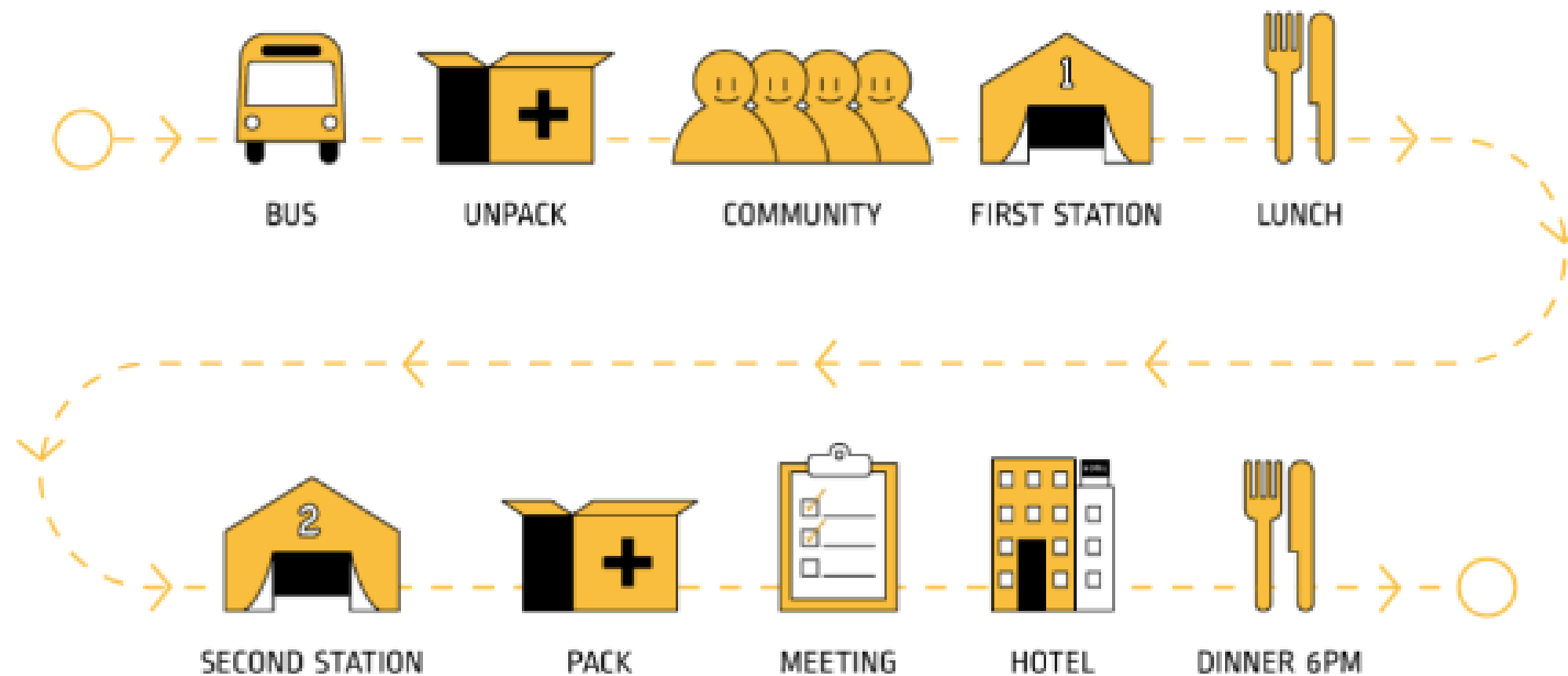
# REALITY TOUR

- Visit communities we will be directly working with
- Discuss Root Causes of Poverty
- Learn about COVID Relief Projects
- Learn about how MEDLIFE works to bridge the gap between the public health system and low-income families



# MOBILE CLINIC DAYS

## MOBILE CLINIC DAY BREAKFAST 6:30- 7:00 AM

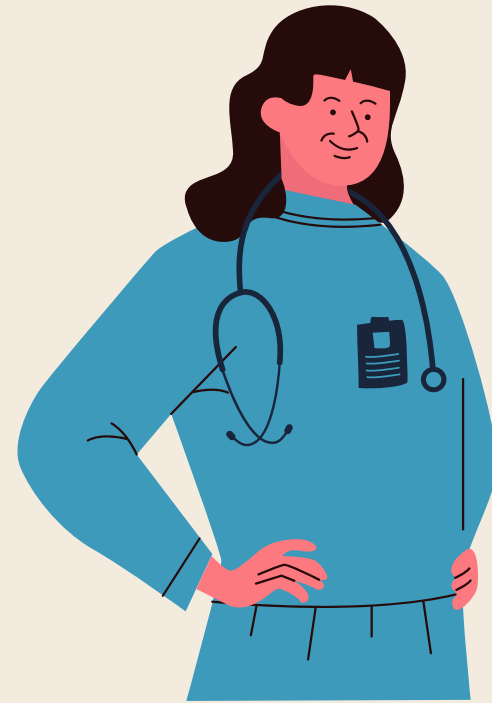


## TRIAGE→ EDUCATION



- Obtain contact information, basic medical history, vitals
- Education for nutrition, types of violence, screenings

## GENERAL MED, OB/GYN



- Shadow doctors providing general and gynecological care
- Aid patients in navigating stations and doctors in providing care

## PHARMACY



- Record-keeping for medications prescribed
- Ensure patients receive all needed paperwork

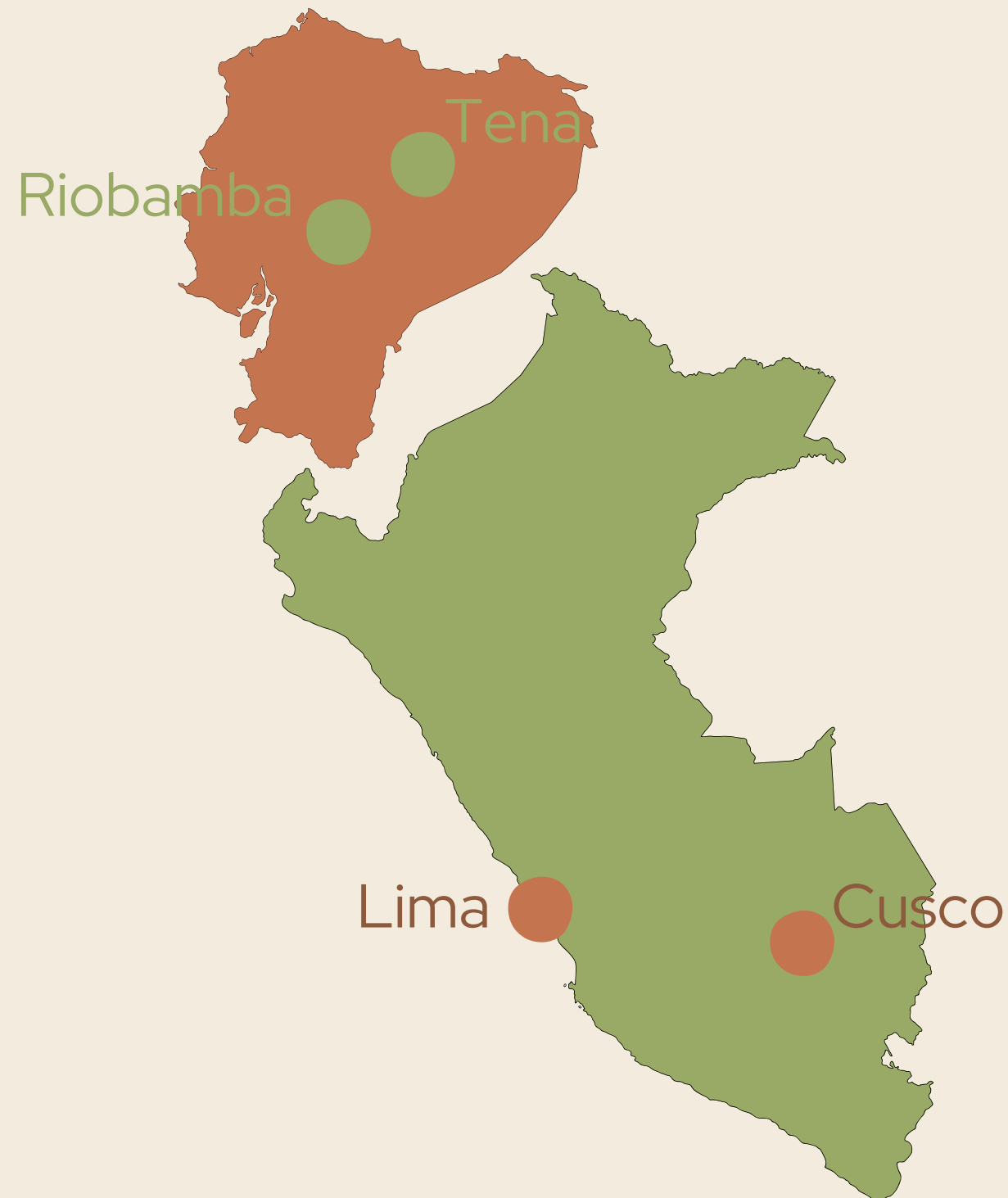


# PROJECT DAY

- Develop infrastructure of the community
- Teams each work one day on the project until project is unveiled
- Lima Example: Staircase
- Tena Example: Volunteering in School



# TRIP LOCATIONS



## \*New Trip Locations:

- Tamarindo, Costa Rica
- San Jose, Costa Rica
- Kilimanjaro, Tanzania

# POSSIBLE EXCURSIONS



Machu Picchu -  
Cusco, Peru



Desert Adventure &  
Ballestas Islands -  
Lima, Peru



Volcano Crater Lake,  
Jungle Tour -  
Riobamba, Ecuador



Jumandy Caverns,  
Papallacta Hot Springs -  
Tena, Ecuador

# POSSIBLE EXCURSIONS



Waterfalls, Sloth Bears  
Tour, Butterfly Garden -  
Tamarindo, Costa Rica

National Park, Wildlife Tour -  
San Jose, Costa Rica

National Park, Safari Tour-  
Kilimanjaro, Tanzania

# TRIP DATES

- **Spring Break: March 16-24, 2024**

- Lima, Peru
- Cusco, Peru
- Tena, Ecuador
- Tamarindo, Costa Rica

- **Summer Break: May 4-12, 2024**

- Lima, Peru
- Cusco, Peru
- Riobamba, Ecuador
- Tamarindo, Costa Rica
- Kilimanjaro, Tanzania



# COSTS AND DEADLINES

- Overall cost:
  - Peru & Ecuador: \$1650
  - Costa Rica & Tanzania: \$1950
- Down payment is \$200 (included in price above)
  - For spring trips: December 3rd
  - For summer trips: February 4th
- Full payment is due 45-60 days before the trip

**HOWEVER...**



The background features a stylized landscape with orange-brown mountains on the left, blue clouds with black birds in flight, and a set of yellow stone steps leading up to a building on the right. The main text is centered in a large, bold, brown serif font.

# IT WILL GO DOWN!

- We received Student Government funding last year, **so the cost was cut in half**
- We will also be fundraising for the trip to lower the cost!

# IT'S TIME TO DECIDE!



- This trip is for AMSA members, so you get to decide which trip we are going on!
- Please only fill out the form if you are still interested in joining the trip this year!



# THANK YOU FOR COMING!

We hope you join us on the trip this year!

Get your points for coming! ->

If you have any questions, email

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